

▀	Start of route	7.7	0.0
←	L onto Lake Shore Blvd W.	18.3	7.7
←	L onto Southdown Rd S	27.1	26.0
☺	Optional Food Break at Second Cup on Lakeshore Rd at Brant St., Burlington.	0.7	53.1
←	L to stay on Lakeshore Rd	2.1	53.9
←	L onto Eastport Dr	0.8	55.9
→	R at first road after the bridge.	0.2	56.7
→	R onto Breezeway Trail	7.9	56.9
→	Slight R to stay on Waterfront Trail	0.1	64.8
←	L onto Breezeway Trail	0.3	64.9
→	R onto Grays Rd	0.1	65.2
←	L onto Frances Ave	1.0	65.3
↑	Continue onto Waterfront Trail	0.6	66.3
→	R toward Frances Ave	0.0	67.0
←	L onto Frances Ave	0.2	67.0
→	R onto Millen Rd	0.1	67.1
←	L onto N Service Rd	1.6	67.3

67.3 kilometers. +73/-73 meters

→	Slight R onto Lakeview Dr	0.2	68.9
↑	Continue onto N Service Rd	5.7	69.1
←	L onto Lockport Way	0.1	74.8
→	R onto Baseline Rd	0.6	74.9
↑	Continue onto Winston Rd	2.4	75.4
→	R onto Windward Dr	0.0	77.8
☺	Food Stop at Tim Hortons near Casablanca Blvd, Grimsby. Head back to N. Service Rd.	0.1	77.9
→	R onto N. Service Rd.	3.0	77.9
→	R onto Olive St	1.0	81.0
←	L onto Ontario St	0.2	82.0
→	R onto Lake St	3.6	82.1
↑	Continue onto N Service Rd	1.1	85.7
←	L onto Mountainview Access Rd	0.4	86.8
→	R onto Mountainview Rd	1.3	87.2
←	L onto Greenlane	2.5	88.5
←	L onto Bartlett Rd S	0.1	91.1

23.8 kilometers. +57/-45 meters

→	R onto Greenlane	5.8	91.2
←	L onto Victoria Ave	0.5	97.0
→	R onto N Service Rd	6.7	97.5
←	L onto Gregory Rd N	0.3	104.3
→	R onto Lakeshore Rd W becomes Main St.	4.6	104.5
→	R onto Lock St. Optional ice-cream break	0.1	109.2
☺	R onto Lakeport Rd. Food & water either at Tim Hortons or Cdn Legion 350 (burgers & fries in their parking lot)	0.9	109.3
←	L onto Lakeshore Rd.	4.5	110.2
⚠	Lift Bridge over canal. Possible delays.	4.5	114.7
→	R onto East & West Line	7.5	119.2
→	R onto Concession 1 Rd	6.9	126.7
←	L onto Line 8 Rd	0.9	133.6
→	R onto Niagara Pkwy	1.7	134.5
→	R onto York Rd	0.0	136.1
←	L onto Niagara River Recreation Trail	1.1	136.2

45.1 kilometers. +103/-59 meters

↑	At the roundabout, 3rd exit and stay on Niagara Pkwy	10.6	137.3
→	R onto Clifton Hill	0.4	147.8
→	R onto Victoria Ave	0.2	148.2
☺	SUPPER BREAK at Applebee's (on your left).	0.2	148.5
→	R onto Palmer Ave	0.2	148.6
→	R onto Olympic Torch Run Legacy Trail	1.4	148.8
→	R onto Huron St	0.1	150.2
←	L onto Zimmerman Ave	0.3	150.3
←	L onto Bridge St towards GO/VIA Train Station.	0.1	150.6
▀	End of route	0.0	150.7

- Columns headings are from left to right:
- * Symbol Label (left, right, straight, food, etc.)
- * Description
- * Distance to next turn or event in kilometres
- * Total distance from the starting point in km

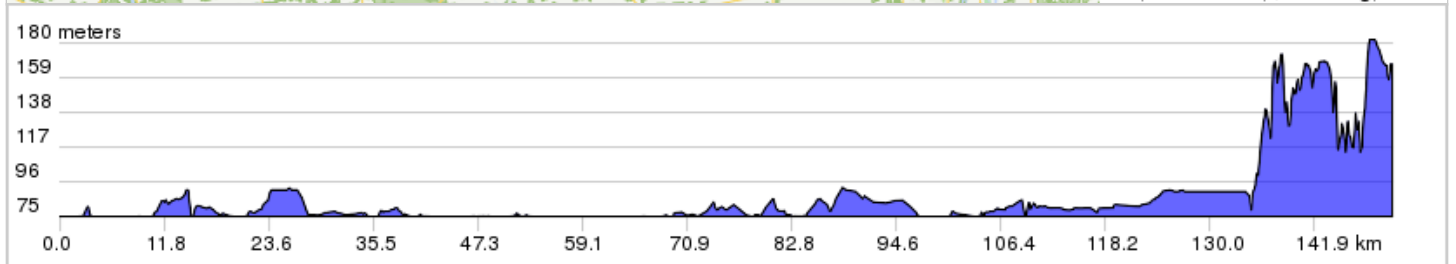
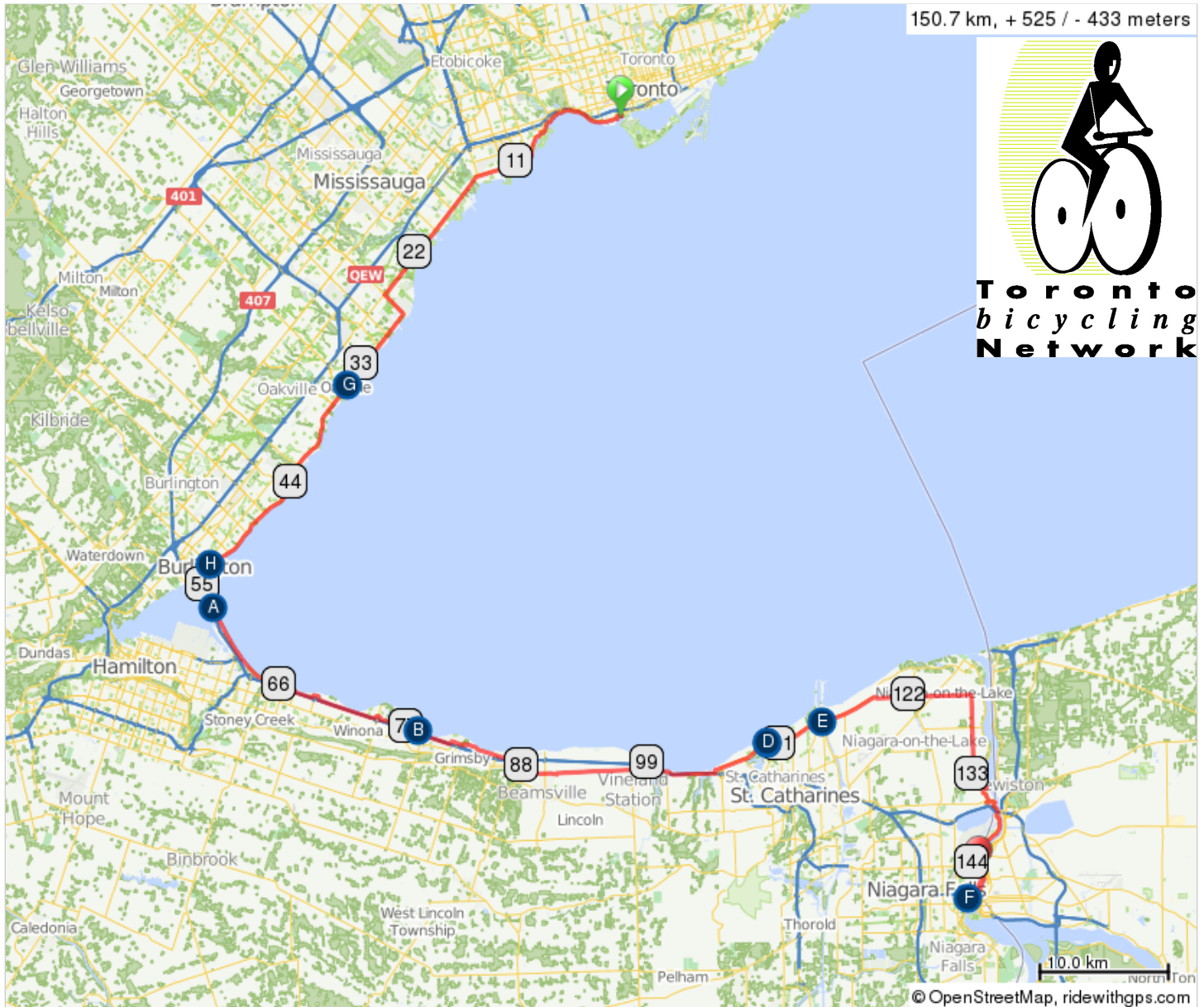


TBN Easy Roller Ride:



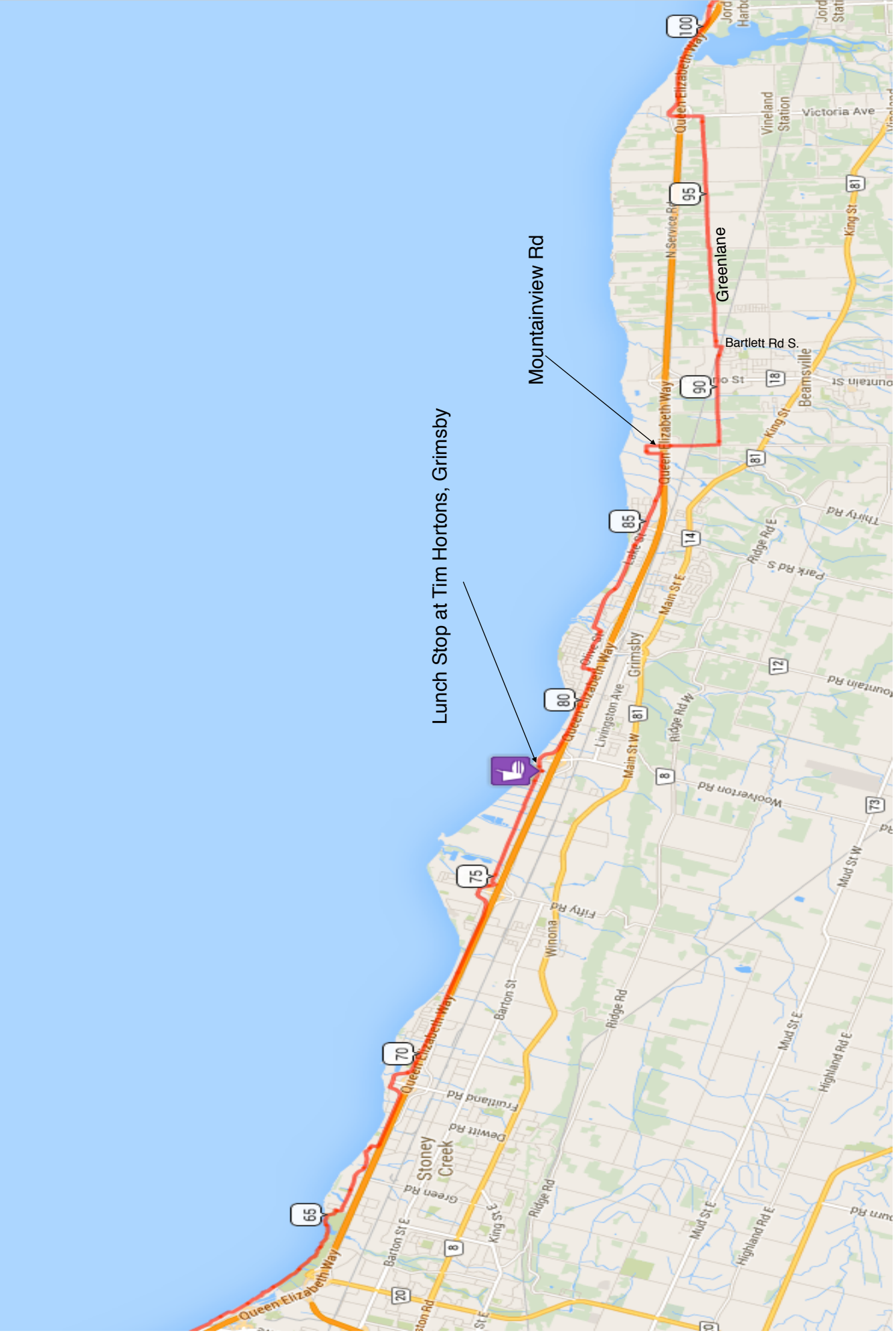
Toronto to Niagara Falls: GO Home 2014

A.	Optional Restroom & Water break after the Lift Bridge in Hamilton.	E.	Lift Bridge on Welland Canal
B.	Tim Hortons, Grimsby	F.	Applebee's, for dinner.
C.	Food Water Break CDN Legion 350	G.	Break at Timothy's on north side of Lakeshore at Reynolds St., Oakville.
D.	Food Water Break, Tim Hortons	H.	Second Cup, Burlington.

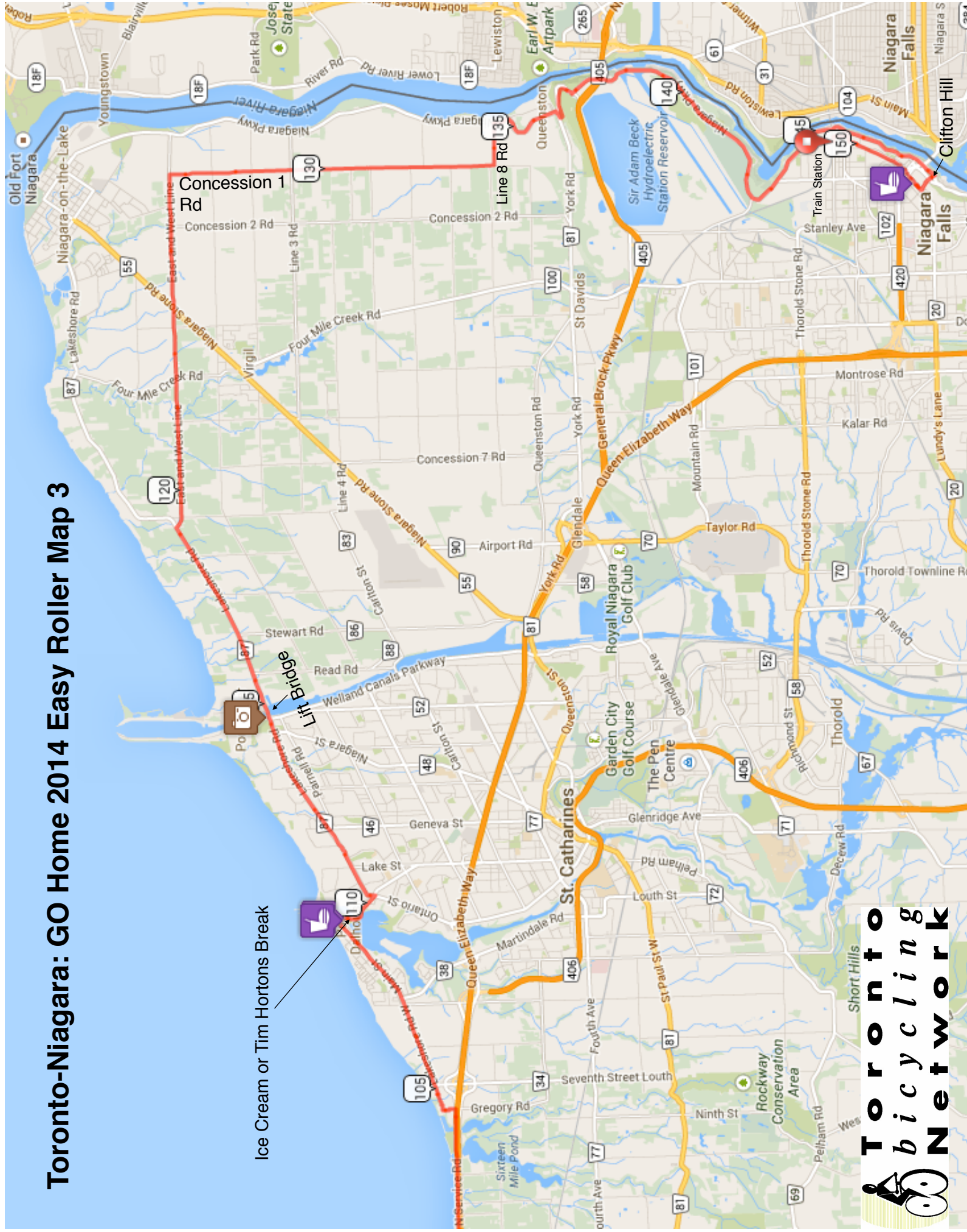


Toronto-Niagara: GO Home 2014 Easy Roller Map 2

Ontario



Toronto-Niagara: GO Home 2014 Easy Roller Map 3



Ice Cream or Tim Hortons Break

